

# EVERYDAY DISCIPLES

## EVERYDAY DEVOTION TO GOD'S WORD

### GET TALKING

Are you more likely to read a book, run a mile, or poke your eye out?

### WATCH VIDEO

105 Your word is a lamp to guide my feet  
and a light for my path.

106 I've promised it once, and I'll promise it again:  
I will obey your righteous regulations.

107 I have suffered much, O Lord;  
restore my life again as you promised.

108 Lord, accept my offering of praise,  
and teach me your regulations.

109 My life constantly hangs in the balance,  
but I will not stop obeying your instructions.

110 The wicked have set their traps for me,  
but I will not turn from your commandments.

111 Your laws are my treasure;  
they are my heart's delight.

112 I am determined to keep your decrees  
to the very end. **Psalm 119:105-112**

### DIG IN & DISCUSS

According to Psalm 119:105-112, what role does the Bible play in the life of a believer?

- How does it light our path?
- How does it restore us?
- How does it teach us?
- How does it protect us?

Does our live really hang in the balance when it comes to obeying His instructions? If so, why do we struggle to get to know and obey His commands?

What is your most used excuse for not reading the Bible daily?

What are some everyday ways that you can incorporate Scripture reading into your routine? [If you are a regular reader of God's Word, share how it works with you. When do you do it? What tools do you use?]

Read 1 Timothy 3:16-17. What changes should we expect to see as we live daily devoted to God's Word?

What are some things (truths) that you have learned (teaching and training) you from God's Word recently?

What is your plan for reading and studying the Bible so that you can be “thoroughly equipped for every good work?”

### **NEXT LEVEL QUESTIONS**

Use these questions to customize or deepen your discussions.

What is the origin of the Bible according to 2 Timothy 3:16?

How did God communicate the Bible to people based on 2 Peter 1:21?

Inspiration = God breathed

The inspiration of the Bible means that God the Holy Spirit carried the human authors so that using their vocabularies and writing style they wrote God’s Word perfectly with no errors.

Where have you felt that God was using the Bible to rebuke or correct you? Did you accept or ignore God’s rebuke or correction?

Read James 1:23-25. Why is a regular time (a daily quiet time) in God’s Word important?

Read Psalm 16:11. How is a daily quiet time not just about reading the Bible, but more about getting in the presence of God?

### **PRAY AND ENCOURAGE**

# EVERYDAY DISCIPLES

## EVERYDAY DEVOTION TO PRAYER

### GET TALKING

Are you naturally one who prays about things or worries about things?

### WATCH VIDEO

6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. **Philippians 4:6-7**

### DIG IN & DISCUSS

What are some reasons that people pray?

According to Philippians 4, what Paul teaching is the antidote to anxiety and worry?

- What is the difference between prayer and petition?
- Why is thanksgiving necessary when praying about your needs?
- Is it ever wrong to present your requests to God?

What is the promise that we can hold on to if we learn to be devoted to prayer?

How have you seen prayer guard your heart and mind in Christ Jesus?

Read Matthew 7:7-11. How does prayer guide our steps? How have you seen this play out in your life?

How does prayer work best for you? When do you pray? Do you set aside a time, do you have a conversation through the day, or both? How do you ask, seek, and knock?

Who are some people and situations that you could put on your own regular prayer list?

What is one thing that you could do to grow in devotion so that you pray first?

What is your plan for reading and studying the Bible so that you can be “thoroughly equipped for every good work?”

### **NEXT LEVEL QUESTIONS**

Read Psalm 69:13-21. How would you define prayer?

What are some warnings that Jesus and James mention in James 4:1-3 and Matthew 6:5-8 about our prayers?

God answers our prayer three ways: yes, no and not now

Read Matthew 7:7-11 and talk about why God sometimes says no to our prayers.

Share how you seen God answer your prayers recently!

The Lord’s Prayer (Matthew 6:9-13) is a model prayer where Jesus was instructing His disciples how to pray. It was not meant to be recited over and over again (Matthew 6:7-8). What are some key things about the Lord’s Prayer (Matthew 6:9-13) that can help you pray? (For example, Jesus begins the model prayer with, “Our Father.”

What do you learn about prayer from 1 Thessalonians 5:16-18? How can believers “pray continually”?

Prayer can certainly happen spontaneously (such as prayer in a crisis), but believers should follow the example of Jesus’ prayer life. What were some of Jesus’ habits of prayer? Read Mark 1:35; Luke 6:12; John 17:1

### **PRAY AND ENCOURAGE**